



SUPPORTING INDEPENDENCE

Course title	Course overview	Target audience	Learning outcomes
<p>Supporting Independence in Later Life (SILL) One day</p>	<p>A one-day course based on the 'holistic' model of health, wellbeing and independence in later life.</p>	<p>Staff, volunteers and community members working with older people who are living independently within the community or those who have the capacity to regain the ability to do so.</p>	<ul style="list-style-type: none"> • Understand the wider determinants of health and wellbeing in the aging population • Gain transferable skills, tools and knowledge to enhance practice • Gain an understandin of local services and partnership working

	Dates	Times	Portsmouth workforce	Outside Portsmouth
SILL	Weds 30 May 2012	9.30am - 4pm	No charge	£100
	Weds 17 October 2012	9.30am - 4pm	charge	£100

To book a place on a course please complete a [booking form](#) or email sorted@portsmouthcc.gov.uk
For any further information please contact the training co-ordinator on 023 9284 1714