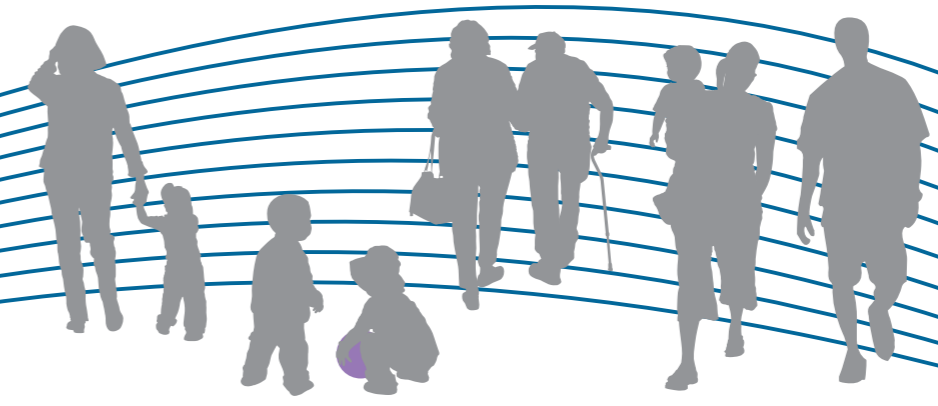


SUBSTANCE MISUSE

Course title	Course overview	Target audience	Learning outcomes
Tier 1 – Basic Awareness One day	A basic introduction to substance misuse designed to enable participants to become aware of their own and others' attitudes towards substance use exploring how these attitudes impact on their work with young people, their parents and carers.	Any staff and volunteers whose work brings them into contact with children, young people, parents and carers.	<ul style="list-style-type: none"> • Knowledge of the range of substances and their effects • Identify how substances are used and associated with young people • Legal status of substances, staff legal obligations, societal attitudes and beliefs about substances
Tier 2- OCN Accredited Six days	The course consists of three distinct learning modules, which have their own learning outcomes and assessment criteria: Module 1: identifying substance related needs and planning appropriate interventions Module 2: using brief intervention and motivational skills for substance use and misuse Module 3: developing multidisciplinary approaches for substance education, prevention and intervention work	Staff working in targeted youth services (Tier 2), family services and anyone working with vulnerable young people.	<ul style="list-style-type: none"> • Each module has a specific set of outcomes and assessment criteria. Please contact HIDS via sorted@portsmouthcc.gov.uk for further information
Bingeing, Boozing and Brief Interventions (BBBI) One day	A one-day skills based course that is a prerequisite for those wishing to attend the Substance Awareness (Tier 2) training, The training is open to practitioners whose work brings them into contact with young people or adults who drink above the recommended number of units of alcohol a week, and whose drinking patterns may be causing problems. NICE Public Health Guidance 24	All staff in adult or young people's services that come into contact with people that drink above the governments recommended daily limits. The course is not for those whose clients/patients are dependent on alcohol and need specialist interventions.	<ul style="list-style-type: none"> • Understand what a unit of alcohol is, how to calculate it and recommended levels of drinking • Develop competency in using an alcohol screening tool • Understanding of Identification & Brief Advice (IBA) and competency in Alcohol Brief Intervention

	Dates	Times	Portsmouth workforce	Outside Portsmouth
Tier 1	Thur 19 April 2012	9.30am - 4.30pm	No	£100
	Mon 13 February 2013	9.30am - 4.30pm	charge	£100
Tier 2 Mod 1	Weds 9 & Thur 10 May 2012	9.30am - 4.30pm		
Tier 2 Mod 2	Weds 6 & Thur 7 June 2012	9.30am - 4.30pm	£150	£300
Tier 2 Mod 3	Weds 11 July 2012	9.30am - 4.30pm		
Tier 2 Mod 3	Weds 5 September 2012	9.30am - 4.30pm		
BBBI	Weds 18 July 2012	9.30am - 4.30pm	No	£100
	Weds 21 November 2012	9.30am - 4.30pm	charge	£100
	Tues 19 March 2013	9.30am - 4.30pm		£100

To book a place on a course please complete a [booking form](#) or email sorted@portsmouthcc.gov.uk
For any further information please contact the training co-ordinator on 023 9284 1714



SUBSTANCE MISUSE

Course title	Course overview	Target audience	Learning outcomes
Smoking Cessation and Prevention (SCP) One Day	A one-day course that will enable participants to increase their awareness and understanding of the issues young people face around tobacco use. Relevant information and signposting opportunities are included in this course.	Any professionals wanting to make referrals and support young people who want to quit smoking	<ul style="list-style-type: none"> • Understand the reasons young people smoke and evaluate own attitudes to why young people smoke. • Identify key issues for young people, including a range of communication skills and interventions to support young people who wish to stop smoking. • Be familiar with referral pathways to relevant stop smoking services for young people.
Smoking Cessation – Brief Intervention (SCBI) Half Day	A half day course looking at ways to support young people to examine their commitment to stop smoking. Developing a knowledge of services within Portsmouth that can support young people to stop smoking.	Any staff and volunteers whose work brings them into contact with children, young people, parents and carers.	<ul style="list-style-type: none"> • Confidence in raising the issue of smoking with a young person • Knowledge of Brief Intervention techniques • Be familiar with referral pathways to relevant stop smoking services for young people.

	Dates	Times	Portsmouth workforce	Outside Portsmouth
SCP	Mon 18 June 2012	9.30am - 4.30pm	No charge	£100
SCBI	Fri 9 November 2012	9.30am - 1pm	No charge	£100

To book a place on a course please complete a [booking form](#) or email sorted@portsmouthcc.gov.uk
 For any further information please contact the training co-ordinator on 023 9284 1714