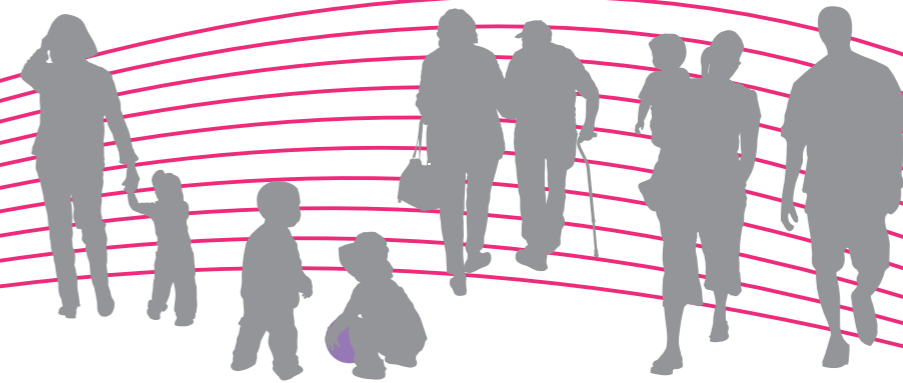


SEXUAL HEALTH

Course title	Course overview	Target audience	Learning outcomes
Realities of Teenage Pregnancy and Resources for Support One Day	A one-day course to understand why teenage pregnancy matters and why it's everyone's business. The course will raise awareness of the issues surrounding teenage pregnancy and identify resources available to support young parents.	All practitioners working with young people, including staff from youth services, schools, colleges, social care, health, Motiv 8, PCSOs and voluntary organisations.	<ul style="list-style-type: none"> • Understand the issues faced by young people • Awareness and knowledge of a range of available resources • Knowledge of national and local statistics relating to teenage pregnancy
Sex and Relationship Education (Tier 1) Half Day	A half day introductory course covering the basics of Sex and Relationship Education	Staff from any agency working with young people who have no previous Sex & Relationship Education Training and would benefit from an overview and update.	<ul style="list-style-type: none"> • Understanding what is meant by Sex & Relationship Education • Gain awareness of the law and young people's sexual behaviour • Understand the issues affecting young people and the potential impact participants' values, beliefs and attitudes may have on these
Sex and Relationship Education (Tier 2) One Day	A one-day course providing more in-depth knowledge of Sex and Relationship Education and the resources available to support work in this area.	Anyone who has undertaken the SRE Tier 1 course and who has a basic understanding of SRE and young people	<ul style="list-style-type: none"> • Gain up to date information on young people's sexual health and behaviour • Understand confidentiality and the law in relation to young people's sexual behaviour • Awareness of resources available for developing SRE alongside current practice

	Dates	Times	Portsmouth workforce	Outside Portsmouth
Realities	Thur 17 May 2012	9.30am - 4pm	No charge	£100
SRE (Tier 1)	Tues 24 April 2012	9.15am - 1.30pm	No charge	£80
	Thur 27 Sept 2012	9.15am - 1.30pm	charge	£80
SRE (Tier 2)	Tues 15 May 2012	9.15am - 4pm	£25	£100
	Thur 25 October 2012	9.15am - 4pm	£25	£100

To book a place on a course please complete a [booking form](#) or email sorted@portsmouthcc.gov.uk
For any further information please contact the training co-ordinator on 023 9284 1714

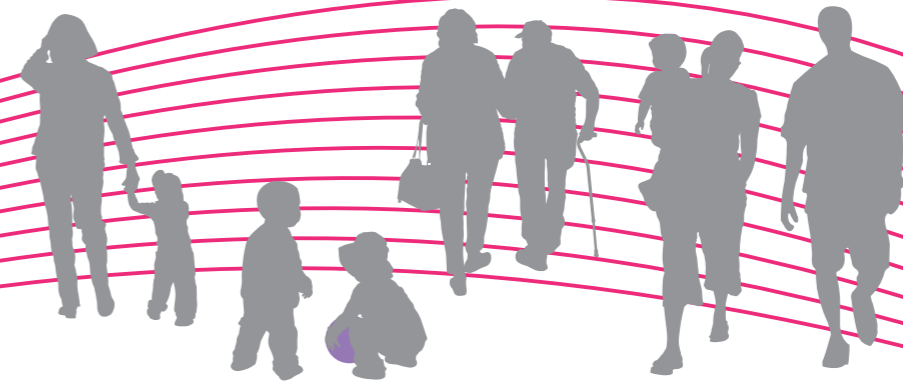


SEXUAL HEALTH

Course title	Course overview	Target audience	Learning outcomes
Get it On: Condom Distribution Scheme Half Day	A half day course looking at the policies, guidelines, protocol and referral systems when distributing condoms to young people including those under 16. A practical condom demonstration is included in this course.	Practitioners working with young people in all settings. Participants must have completed SRE courses Tiers 1 & 2	<ul style="list-style-type: none"> Understand own attitudes relating to, and develop confidence talking about sex and relationships when working with young people Awareness of policies, procedures, local & national information about SRE and condom distribution Sharing good practice and developing opportunities for young people's sexual health and condom distribution sessions
Working with girls and young women (GYW) Half Day	A half day course that develops understanding of the issues involved in working with young women and girls in Sex and Relationship Education (SRE) and the sharing of good practices and resources for undertaking this work.	It is recommended that participants for this training have completed the SRE courses Tiers 1 & 2	<ul style="list-style-type: none"> Understand current specific sex and relationship issues for girls & young women Enhanced skills on how to support young women to keep safe Improved knowledge of practical skills, strategies and exercises for this work
Young people and pornography (YPP) Half Day	A half day course to explore the impact and influence of pornography on young people's attitudes to sex and relationships. The course also offers a safe space for practitioners to explore their own attitudes towards pornography and how this may impact on their own practice.	It is recommended that participants for this training have completed the SRE courses Tiers 1 & 2	<ul style="list-style-type: none"> Increased confidence in addressing issues around pornography with young people Increased knowledge of the law as it relates to pornography Understand young people's use and attitudes to pornography as well as its potential impact and influence

	Dates	Times	Portsmouth workforce	Outside Portsmouth
Get it On	Tues 29 May 2012	9.15am - 1pm	No charge	£80
	Thur 22 November 2012	9.15am - 1pm	charge	£80
GYW	Tues 10 April 2012	9.30am - 12.30pm	No charge	£80
YPP	Tues 10 July 2012	9.30am - 12.30pm	No charge	£80

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SEXUAL HEALTH

Course title	Course overview	Target audience	Learning outcomes
Chlamydia and Pregnancy Testing (CPT) Half Day	A half day course to provide participants with the skills, knowledge and confidence to deliver chlamydia screening and pregnancy testing under current local protocols.	This module is for practitioners working with young people in all settings who have undertaken SRE Tiers 1 and 2.	<ul style="list-style-type: none"> • Ability to undertake a chlamydia screen and a pregnancy test, under current local protocols • Confidence to explain to specific service users the importance of having a chlamydia screen, and the implications of untreated chlamydia • Gain an awareness of the local referral pathways
Delay Half Day	A half day course about supporting young people to make choices about sex that feel right for them, helping them to decide when they are ready	It is recommended that participants for this training have completed the SRE courses Tiers 1 & 2	<ul style="list-style-type: none"> • An understanding of the Delay agenda and how it differs from the abstinence approach • Gain practical ideas to support the messages behind the teenage pregnancy strategy • Have an awareness of some of the activities that could be used with young people in addressing choice
Working with Young men and Boys (YMB) Half Day	A half day course providing participants with the opportunity to develop skills, confidence and knowledge in working with young men and boys around sexual health issues.	It is recommended that participants for this training have completed the SRE courses Tiers 1 & 2	<ul style="list-style-type: none"> • Gain understanding of what it means to be a young man • Understanding of how young men and boys learn • Enhanced skills and techniques in working with young men and boys

	Dates	Times	Portsmouth workforce	Outside Portsmouth
CPT	Tues 15 May 2012	9.30am - 12.30pm	No charge	£100
Delay	Tues 26 June 2012	9.15am - 1pm	No charge	£80
YMB	Fri 13 July 2012	9.15am - 1pm	No charge	£80

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