

BME WOMEN'S SWIMMING GROUP

Nhóm bơi lội này được thành lập riêng cho tất cả phụ nữ thuộc các cộng đồng dân tộc thiểu số thích bơi lội. Đây là cơ hội để giữ sức khỏe.

Lệ phí cho một năm:
Người lớn: £10.00, trẻ em
/Người già £5.00

少數民族婦女游泳活動

這項活動是特別提供給婦女成員參與的。如果你享受水中作樂，這便是一個有益身心的健康活動機會。

* 使用者須憑會員証入場 *

এখনিক মাইনরিটির আগ্রহী সকল মহিলারাই এই গ্রুপে আসতে পারেন, অন্যান্য অনেক মহিলার সাথে শারীরিক ব্যায়ামে যোগ দেন এবং নিজেকে সুস্থ ও কর্মঠ রাখেন।

সময় স্লচি:
প্রতি রবিবার ২টা - ৩টা

Contact:
Mabel Fan, Runi Ahmed or Mai Hoang
on 023 9268 8390
or email enquiries@hids.org.uk

This swimming group is open to all ethnic minority women who would like to swim and be involved with physical exercise. It is an opportunity to stay healthy and feel more active.

Open every Sunday from
2pm – 3 pm
at St Luke's Swimming Pool,
Greetham Street, Southsea

Annual membership fee
Adult : £10
Children/OAP: £5